

*Take the 1st-step and call today. We are here to help.*

# Step By Step Recovery For Life.



[www.RecoveryServicesCT.com](http://www.RecoveryServicesCT.com)

## About RSCT

RSCT was created by Jay Seigel and Reinhard Straub who have been colleagues and friends for many years. They have been “in the trenches” dealing with the stark reality of addiction for a combined 50 years. Jay & Reinhard see the current opiate crisis as a series of mismanaged and misunderstood health emergencies that have plagued New England, the Tri-state region and the entire USA. They have a passion for traditional abstinence-based recovery and have had great success treating individuals and families struggling with addiction.

In 2018 they founded RSCT, a licensed outpatient substance abuse facility in Madison, Connecticut and recruited a talented staff of dedicated professionals. Given their experience with effective abstinence-based treatment, Jay and Reinhard utilize a systemic multidisciplinary team approach to addiction treatment. The RSCT approach endeavors to engage the Client and whenever possible, the family and stakeholders in the treatment and recovery process.



Jay Seigel, APRN



Reinhard Straub, LCSW, LADC

**Insurance Navigation:** Insurance can be frustrating and confusing for clients who need immediate treatment. RSCT has the experience and know-how to maximize the benefits of commercial, federal and state sponsored plans and has long-standing relationships with respected local, regional and national treatment centers.



## Coordination of Care

At RSCT we understand that coordination of care is critical from the very first phone call. You can be assured that at RSCT we have many years of expertise with facilitation of immediate admission to our program or to the appropriate clinical setting matching the Client's needs, insurance and resources. *If you, or someone you know, is in immediate need of treatment for drug and/or alcohol addiction, contact Recovery Services of Connecticut today, at: (203) 421-6242. We are here to help.*



# Step By Step Recovery For Life.

## Our Services

- Individualized Treatment Plans
- Intensive Outpatient Program (IOP)
- Aftercare Programs (Long Term Recovery)
- Intervention Services
- Healthcare Professionals & Executive Treatment
- Individual and Group Counseling
- Family Therapy and Education
- Drug Screening: Urine Toxicology
- Local & National Referral Service
- Insurance Navigation Services
- Financial Consultations

## Process of Intervention

Reinhard has conducted over 1000 successful interventions and has learned by experience that every patient and/or family situation is unique and requires a "made to order" clinical approach. The intervention starts with the first phone call during which Reinhard will gather the essential information and determine who is to attend the first family consultation. Before the first meeting, Reinhard will ascertain all of the possible insurance and treatment options. The family meeting is efficient and focused on a strategy and treatment plan that has the best chance of working. Reinhard has long-standing relationships with local treatment facilities and national centers across the USA. Payment for the intervention is different in each case depending on the circumstances, but may be covered by insurance or involve a reasonable hourly rate.

## Admission Process

All Patients seeking treatment at RSCT undergo a comprehensive evaluation as soon as possible after first contact. At RSCT we believe a delay in treatment engagement is ill advised and, in some cases, can be life threatening. Most Patients will immediately enter treatment at RSCT as we will never have a waiting list. Our recommendations are determined by each Client's individual needs. If a higher level of care such as detox or residential care is recommended, RSCT has working relationships with numerous local and national treatment centers. RSCT can facilitate an immediate admission to the appropriate clinical setting matching the Client's clinical needs, insurance and resources.

## Individualized Treatment Plans

Each Client is treated as a unique individual who requires a collaborative and multidisciplinary team approach to effect sustained healthy behavioral change. No single treatment is right for every Client. Treatment Plans may consist of but are not limited to: Clinical Intervention, Detox, Inpatient Care (Drug Rehab), Intensive Outpatient Care (IOP), Aftercare Programs, Relapse Prevention Treatment, Individual Counseling, Group Counseling, Family Counseling, Behavioral Therapy, Twelve Step Programs, Drug and Alcohol Education, Drug Screening/Analysis, Insurance Navigation and Financing.



*"There is no quick fix for addiction but Clients need quick access to addiction treatment". The USA is only 4.6% of the world's total population but consumes 80% of the world's prescription opiate supply. In 2017, over 64,000 Americans died due to opiate abuse. Substance Use Disorders (SUD) are primary, chronic, progressive, incurable and potentially, fatal illnesses that demand chronic disease medical management for any possibility of long-term recovery.*

*At RSCT we are very concerned by the current addiction epidemic and rising death rate in patients who are abusing prescription medications and illegal substances. The rates of addiction to alcohol, prescription drugs and illicit substances are alarming. The most successful treatment addresses all of the Client's challenges by engaging the Client, their family, critical stakeholders and their community relationships.*



**RECOVERY SERVICES**  
C O N N E C T I C U T



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